

Please Join Us For Our



CITY OF  
VESTAVIA HILLS

# Health & Wellness Fair

Saturday, May 4, 2013 from 10:00 am to 2:00 pm

Vestavia Hills Civic Center Gymnasium

- FREE Blood Pressure Checks
- Cholesterol Checks
- Health Screenings
- Massages
- Health Information
- Food Demonstrations
- Interactive wellness instruction
- Door Prizes
- Much, Much More!



For more information, please contact Lt. Scott Ferrell at [sferrell@ci.vestavi hills.al.us](mailto:sferrell@ci.vestavi hills.al.us)